



KENYA NATIONAL  
SPELLING  
**BEE**

LEARN THAT WORD

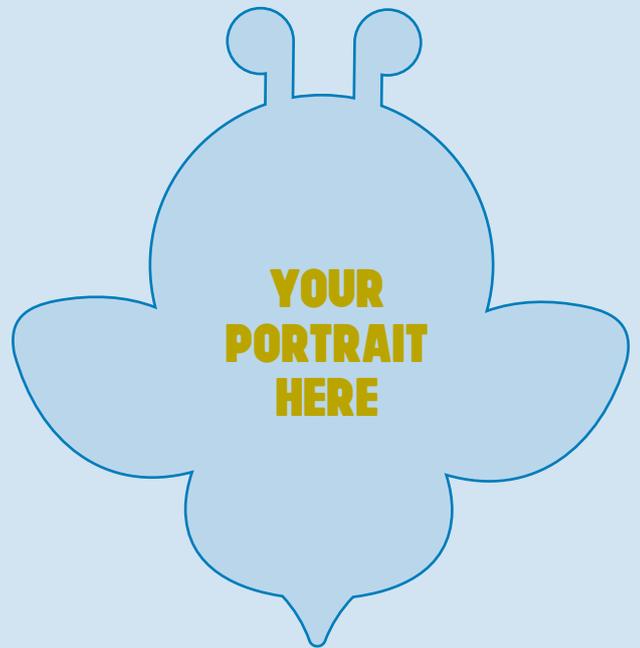
**MY**  
**STAY AT**  
**HOME**  
**DIARY!**

**Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**County:** \_\_\_\_\_

**Town:** \_\_\_\_\_



**PERSONAL ATTRIBUTES;  
TEN UNIQUE THINGS ABOUT ME**

**1.** \_\_\_\_\_

**6.** \_\_\_\_\_

**2.** \_\_\_\_\_

**7.** \_\_\_\_\_

**3.** \_\_\_\_\_

**8.** \_\_\_\_\_

**4.** \_\_\_\_\_

**9.** \_\_\_\_\_

**5.** \_\_\_\_\_

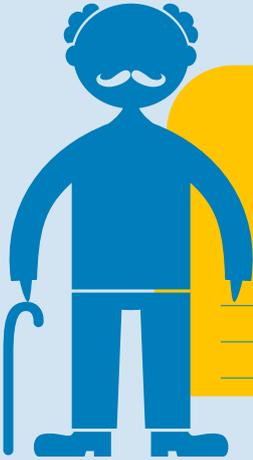
**10.** \_\_\_\_\_

*Always be yourself, express yourself, have faith in yourself, do not go out and look for a successful personality and duplicate it. [www.kenyaspellingbee.com](http://www.kenyaspellingbee.com)*

# MY FAMILY CORNER

We cannot play with friends now. But we can play and do fun stuff with family at home.

Who are you home with?



Name \_\_\_\_\_  
Relation \_\_\_\_\_  
What I Appreciate about this Person \_\_\_\_\_  
\_\_\_\_\_



Name \_\_\_\_\_  
Relation \_\_\_\_\_  
What I Appreciate about this Person \_\_\_\_\_  
\_\_\_\_\_



Name \_\_\_\_\_  
Relation \_\_\_\_\_  
What I Appreciate about this Person \_\_\_\_\_  
\_\_\_\_\_



Name \_\_\_\_\_  
Relation \_\_\_\_\_  
What I Appreciate about this Person \_\_\_\_\_  
\_\_\_\_\_



Name \_\_\_\_\_  
Relation \_\_\_\_\_  
What I Appreciate about this Person \_\_\_\_\_  
\_\_\_\_\_



Name \_\_\_\_\_  
Relation \_\_\_\_\_  
What I Appreciate about this Person \_\_\_\_\_  
\_\_\_\_\_

Need more space? Simply print another copy of this page.

**A house is made with walls and beams; a home is built with love and dreams.  
During this Stay-At-Home period, be the best to your family, always.**

[www.kenyaspellingbee.com](http://www.kenyaspellingbee.com)

**With the outbreak of COVID-19, governments around the world, including ours, have advised their citizens to stay at home and observe hygiene.**

**What do you think is the main reason we are asked to stay at home?**

---

---

---

---

---

---

**What are some of the measures you and your family are taking to prevent contracting the COVID-19 virus?**

**1.**  

---

---

---

---

**2.**  

---

---

---

---

**3.**  

---

---

---

---

**4.**  

---

---

---

---

**5.**  

---

---

---

---

**Personal hygiene is how you care for your body. This practice includes bathing, washing your hands, brushing your teeth, and more. Every day, you come into contact with millions of outside germs and viruses. They can linger on your body, and in most cases, they may make you sick.**

**HOW?**



1 Wet your hands with clean water.



2 Soap them up.



3 4 5 6 Scrub them front and back, between your fingers, and under your nails (Scrub for 20 seconds).



7 Rinse with clean water.



8 Dry hands with a clean towel or by air drying.

Get more tips here on how you and your family can observe basic hygiene and stay safe this season. [www.kenyaspellingbee.com](http://www.kenyaspellingbee.com)



# MY CITY

**Most cities around the world are under Lockdown! This means, movement in and out of these cities is prohibited. Darn It! You probably had made plans to travel to a new city this year but, there goes your luck!**

**What is the name of your City?**

---

**What is interesting about your City?**

---

---

---

---

**Name that one city you would love to visit once travel bans are lifted.**

**I would love to visit** \_\_\_\_\_ **(City)**

**This city is in** \_\_\_\_\_ **(Country)**

**and it is located in** \_\_\_\_\_ **(Continent)**

**I would love to visit** \_\_\_\_\_ **because;**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**Fun Fact!** Bangkok, the capital and most populous city of Thailand is written with 163 symbols – *Krung Thep Mahanakhon Amon Rattanakosin Mahinthara Ayuthaya Mahadilok Phop Nopparat Ratchathani Burirom Udomratchaniwet Mahasathan Amon Piman Awatan Sathit Sakkathattiya Witsanukam Prasit.* It is the longest city name in the world!

# MY HOME LIBRARY

Schools are closed, but our books are not! What books have you read since schools closed?

Book Title: \_\_\_\_\_

Author: \_\_\_\_\_

Briefly describe what the book is about

---

---

---

---

---

---

Book Title: \_\_\_\_\_

Author: \_\_\_\_\_

Briefly describe what the book is about

---

---

---

---

---

---

Book Title: \_\_\_\_\_

Author: \_\_\_\_\_

Briefly describe what the book is about

---

---

---

---

---

---

Book Title: \_\_\_\_\_

Author: \_\_\_\_\_

Briefly describe what the book is about

---

---

---

---

---

---

What other book have you read in the past and what did you like most about it?

---

---

---

---

**There's a word for loving the smell of old books.**

You probably love the smell of old books. They have the aroma of dust and a whole lot of history. That smell is known as "**Bibliosmia**" Now you know!

# FOOD CORNER

My favourite food is

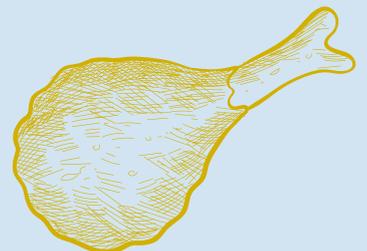
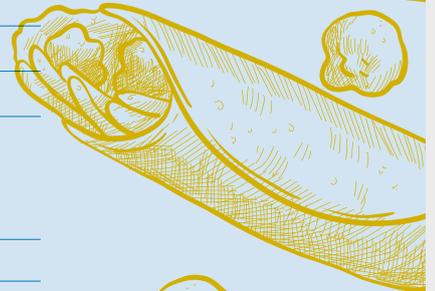
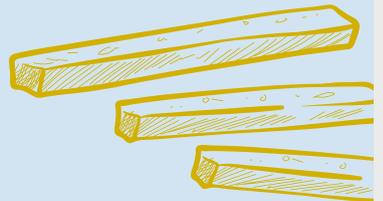
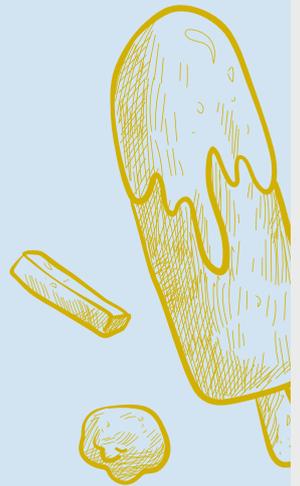
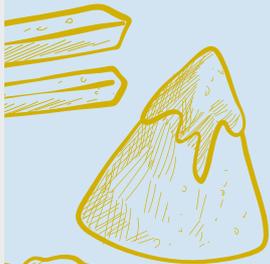
To cook this dish, you need the following ingredients:

Preparation:

My other favourite foods are:

Did you Know...

**POTATOES ARE ACTUALLY 80% WATER  
AND 20% SOLID? NOW YOU KNOW.**





**Breakfast**

# WHAT'S ON YOUR PLATE ?



**Lunch**



**Dinner**

# TV TIME!

My favourite TV show is \_\_\_\_\_  
that comes on (channel) \_\_\_\_\_  
every \_\_\_\_\_ (day of the week)  
at \_\_\_\_\_ (time of the day).

The show is about \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The main character is \_\_\_\_\_  
I love this show because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**My other  
favourite TV  
shows are:**

| TV SHOW | CHANNEL | MAIN CHARACTER | GENRE |
|---------|---------|----------------|-------|
|         |         |                |       |
|         |         |                |       |
|         |         |                |       |
|         |         |                |       |
|         |         |                |       |

**What movie have you watched lately?**

**Title:** \_\_\_\_\_

**Main characters:** \_\_\_\_\_

**About the movie** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**YOUR REVIEW:**  

## Rachel's Daily Schedule

|          |  |                                    |
|----------|--|------------------------------------|
| 7:00 AM  | Up, change, and begin breakfast                | Say goodbye to Daddy               |
| 7:30 AM  | Go for walk with Mommy and Adam                |                                    |
| 8:00 AM  | Shower, get dressed, and play alone in my room |                                    |
| 8:30 AM  | Bible Time Devotions and Memory Verse          | Tuesday Bible Study                |
| 9:00 AM  | Swimming lessons or run errands                |                                    |
| 10:00 AM | Eat snack: crackers and juice                  | Mon & Wed. Swim Lessons 10 - 10:30 |
| 10:30 AM | Playtime with Adam Outside                     |                                    |
| 11:45 AM | Eat lunch with Mommy and Adam (Video at 12)    |                                    |
| 12:30 PM | Naptime  |                                    |
| 3:30 PM  | Snack Time                                     |                                    |
| 4:30 PM  | Playtime Outside or errands                    |                                    |
| 5:30 PM  | Daddy home and time for dinner                 |                                    |
| 6:00 PM  | Time with Daddy                                |                                    |
| 6:30 PM  | Take a Bath, Pick out clothes for tomorrow     |                                    |
| 7:30 AM  | Go to Bed                                      |                                    |

# MY DAILY SCHEDULE

Draw a table indicating your schedule for today. Your table should include a column for **time** and **activity**.

See Rachel's schedule (Left) for reference.

# FEELINGS & THOUGHTS

**Sometimes, Your Best Feelings Are Found in The Words Which You Type and Never Send.**

**Today, I am feeling**



## Write Your Wishes

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

# MUSIC TIME!



**LISTEN TO YOUR FAVOURITE SONG.  
LISTEN TO IT CAREFULLY.**

**What do the words really mean?**

**My favourite song is** \_\_\_\_\_ **(Title)**  
**It is sung by** \_\_\_\_\_ **(artist(s))**  
**This song is** \_\_\_\_\_ **(genre)**  
**and it is about** \_\_\_\_\_

**MUSIC HAS THE POWER OF ELICITING EMOTIONS,  
FEELINGS AND INFLUENCING PERCEPTIONS.**

**How does your favourite music make you feel?**

---

---

---

---

**What other music do you enjoy listening to?**

| Music | Artist(s) | Country | Genre |
|-------|-----------|---------|-------|
|       |           |         |       |
|       |           |         |       |
|       |           |         |       |
|       |           |         |       |

# HOBBIES & TALENTS

**I am really good at:** \_\_\_\_\_

---

---

---

---

---

**During my free time, I like to:** \_\_\_\_\_

---

---

---

---

---

**I would love to learn how to:** \_\_\_\_\_

---

---

---

---

---



**A REAL FRIEND IS ONE WHO WALKS IN WHEN THE REST OF THE  
WORLD WALKS OUT.**

**Write a short story about that one time any of your friends helped you  
when you needed help.**

# CLIMATE & WEATHER

**My favourite weather is:** \_\_\_\_\_ **because**

\_\_\_\_\_

**I don't like it when it is** \_\_\_\_\_ **because**

\_\_\_\_\_

\_\_\_\_\_

## **My thoughts on Climate change**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_







KENYA NATIONAL  
SPELLING  
**BEE**

LEARN THAT WORD

**REMEMBER, WE HAVE AN EXCLUSIVE AND  
COMPREHENSIVE STUDY GUIDE FOR YOU! THE  
GUIDE ENABLES YOU TO LEARN AND  
REMEMBER SEVERAL IMPORTANT RULES, TIPS,  
AND GUIDELINES FOR SUCCESSFULLY SPELLING  
WORDS IN ENGLISH-THE MOST CHALLENGING  
LANGUAGE OF ALL FOR SPELLERS.**

**GRAB YOUR COPY  
WWW.KENYASPELLINGBEE.COM/DOWNLOADS**